

The 11 Day Evolution Class - Conversations about Love and Truth 16th to 26th January 2027 (inclusive) Sai Spandan – Prashanthi, India



A Dialogue
An Exploration
An Adventure
A Remembering...

We are going to be exploring the relationship of the mind and the heart.
And share the elemental and kundalini journey of Self-Realisation.

11 DAYS (4 + 7) – Daily 10am to 4.30pm

The Practice of Vedantic Wisdom

Exploring the Journey of Self-Realisation to Omni-Consciousness

Implementing the 4 Tenets – Awareness and Structure

Understanding the 7 Chakras – States of Consciousness

Pre-requisites for joining

Attendance of an 8 Day Heart of Understanding Class

The first 4 Days -

Day 1: Opening to The Infinite - Exploring Consciousness, Awareness and Thought

Day 2: Creation, Separation and Unification

Day 3: The Tree – The Illumined Self, The Trinity, The Heart, Presence, Power and Purity

Day 4: The 4 Tenets, Living in Harmony with Nature

The next 7 Days

DAY 5: Earth, The Muladhara, The Stirrings of Change, The 5 senses

DAY 6: Fire and Water, The Svadhisthana, Offering, Sacrifice, Purification, Creative Wisdom

DAY 7: Water and Fire, The Manipura, Unravelling and Samskaras and Vasanas, Flow, Contentment

DAY 8: Air, The Anahata, The Heart of Understanding, Expansive Awareness, So hum

DAY 9: Ether, Space, Aum, The Vishudha, Expressing Love and Truth

DAY 10: Omni Vision, The Ajna, Vision of Omniscience, Omnipresence, Omnipotence

DAY 11: The Sahasrara, Samadhi, Resting in the SELF

This workshop is a gift, voluntary contributions are gratefully received

To register kindly email Ranjana at liberatingtouchcentre@gmail.com or message her on Facebook. THANK YOU

