



The LIVING COMPASS – SEPTEMBER 2023

This 4-Week online class explores the practical applications of the 4 tenets of Love, Self-Responsibility, Peace, and Truth. These tenets are at the heart of [LiberatingTouch](#). They help you Navigate Life with Self-Awareness, Self-Responsibility, Self-Confidence, and SELF-Realisation

We meet in September 2023 on Zoom (Zoom Video Conference Calls) at UK time 10 am – 12 pm, beginning 9th of September and ending on the 30th of September.

Every one of us is born with an innate knowing, an intuitive wisdom, a living compass within us. It's up to you if you want to use it. Our work is to help you remember this. It's in your hands if you want to be guided by IT (Infinite Truth) or not.

The Living Compass is the wisdom of Love and Truth within you

Every week we will explore an aspect of your innate guidance system and how best to apply this on your journey home.

Week 1: The Path – 9th September 2023,

The path is love and love is the path



Week 2: Why you lose your way? 16th September 2023,

It's easy to lose your way if you are overwhelmed with desires and attachments and it's easy to find your way if you practice self-responsibility and detachment.

Week 3: Grace along the way – 23rd September 2023

It's a bit like the weather, some days it rains and other days it pours, and every now and then you get to see a rainbow.

Week 4: The destination -- 30th September 2023

Truth

There will be a dedicated Facebook group for Q&A and support set-up for the 4 weeks. It will be disbanded soon after. You will have opportunities to practice everything you learn and have time in-between calls to absorb and integrate your understanding.

Pre-requisites: Although there are no prerequisites, attendance of a LiberatingTouch Foundations Day is recommended.

Cost: £220

All students have the option of booking a 30-minute mentoring session with Eddie and Ranjana

The cost includes:

- 4 two-hour video group conference calls (real-time attendance of all 4 calls are not necessary, although it will be useful to attend a minimum of 2 of these calls)
- Audio Video recordings of all calls will be made available to participants.
- Each week you will be given self-help quickies, insightful tips for each week, and follow-up exploration exercises
- A dedicated FB group for posting and keeping in touch beginning one week before the program (for those of you averse to FB, we will email you the highlights)

To register kindly email Ranjana at liberatingtouchcentre@gmail.com or message her on Facebook.

THANK YOU



Some FAQ:

1. Will I need to interact with the other participants after the video conference calls?

No, you do not need to, there are no swaps or discussions with others scheduled in the May class.

2. What if I miss a call?

You will be sent a recording, so no worries. You will benefit by attending 2 or more of the calls.

3. Will there be a lot of self-help to do?

No, the exercises are bite-sized manageable supportive practices spread over 4 weeks and there is no pressure on you to complete the self-help. It will be entirely in your hands.

4. Will this class go towards my CPD? Yes, it can. If you need a certificate, let us know and we will provide you with a certificate for 10 hours of CPD

5. What if I have a question, or I feel stuck?

There will be a dedicated Facebook group, where you can post what is happening with you and we will respond within 24 hours. Alternatively, you can message us privately on Facebook.

6. Will I have any private time with Ranjana or Eddie on this course?

Most of the interaction will occur via group conference calls or in the Facebook group.

7. Do I need to pay in advance?

Yes please, preferably by the 20th of August 2023. Thank you

